



A&E NETWORK'S ACCLAIMED DOCUMENTARY SERIES

INTERVENTION

RETURNS FOR A FOURTH SEASON **MONDAY, DECEMBER 3 AT 9PM ET/PT**

NEW YORK, NY, NOVEMBER 26, 2007 – A&E's critically-acclaimed documentary series *INTERVENTION*, which profiles people who are struggling with addictions and the friends and family members who are seeking to help them, will premiere its fourth season on **Monday, December 3 at 9:00pm ET/PT**.

The Emmy-nominated and two-time Prism Award-winning series kicks off its new season with a powerful one hour portrait of a young woman suffering from the ravages of anorexia. Emily, a 26-year-old identical twin, grew up in a highly competitive household. Her constant struggle to compete with her sisters and live up to her parents' high expectations left her suffering from depression and low self-esteem. Despite winning many academic and athletic honors – including a full athletic scholarship to college – Emily always felt that she was never good enough. After a horrible life changing ordeal in college, Emily turned to dieting in an attempt to regain control over her body, her life and her emotions. Seven years later, at 5'9", the former star athlete weighs 85 pounds and is slowly starving herself to death.

INTERVENTION is a powerful and gripping series in which people confront their darkest demons and seek a route to redemption. The series profiles people whose dependence on drugs and alcohol or other compulsive behavior has brought them to a point of personal crisis and estranged them from their friends and loved ones. Each episode ends with a surprise intervention that is staged by the family and friends of the addict, and which is conducted by one of four specialists: Jeff VanVonderen, Candy Finningan, Ken Seeley and Tara Fields.

INTERVENTION raises awareness about the alternatives and treatment options available to those who suffer from an addiction, and gives hope to families who have nowhere left to turn. Out of the **80** interventions featured since the series premiere in March of 2005, **78** individuals have successfully entered treatment. The series has also forged a unique alliance with The Partnership for a Drug Free America; co-hosting town hall meetings throughout the year in communities devastated by drug and alcohol addiction.

Robert Sharenow and Colleen Conway are the executive producers for A&E Network. *INTERVENTION* is produced for A&E Network by GRB. Dan Partland and Bryn Freedman are executive producers and Sam Mettler is creator and executive producer for GRB.

Now reaching more than 96 million homes, A&E Network offers a diverse mix of high quality entertainment; ranging from the network's signature Real-Life Series franchise, including the hit series "Intervention," "Gene Simmons Family Jewels," "The First 48" and "Criss Angel Mindfreak," to critically acclaimed original movies, dramatic series and the most successful justice shows on cable. A&E is the official basic cable home to the high-profile series "The Sopranos" and "CSI: Miami." The A&E Network website is located at www.aetv.com. The A&E Insider is located at www.aetv.com/insider. For more information and photography please visit us on the web at www.aetvpress.com.

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